

Partners in Education

Associate of Science

Health and Exercise Science - Sports Medicine Concentration

The Health and Exercise Science-Sports Medicine concentration degree is intended for students planning to transfer to Colorado State University, Fort Collins, to receive a bachelor's degree in Health and Exercise Science – Sports Medicine concentration.

Courses offered toward degree at Castle View High School

Highlighted courses also have an Advanced Placement (AP) option with a passing AP exam score

Courses	Credit Hours
Written Communication:	
ENG 121 - English Composition I	3
ENG 122 – English Composition II	3
Oral Communication:	
COM 115 - Public Speaking	3
Mathematics:	
MAT 121 - College Algebra	4
History:	
HIS 121 – U.S. History to Reconstruction	3
Arts & Humanities (pick two with different prefixes):	
LIT 115 – Introduction to Literature (3 credits)	6
MUS 120 – Music Appreciation (3 credits)	
SPA 211 – Spanish Language III (3 credits)	
SPA 212 – Spanish Language IV (3 credits) or AP- Spanish, French, or German	
Required Courses:	
HWE 100 - Human Nutrition	3
HWE 111 - Health and Fitness	3
MAT 135 - Intro to Statistics	3
Total Credit Hours at High School	31

Remaining Courses Offered Toward Degree at Arapahoe Community College

Courses	Credit Hours
Social / Behavioral Science:	
PSY 101 – General Psychology	3
Choose ONE of the following courses	3
POS 205 - International Relations	
POS 225 - Comparative Government	
SOC 207 - Environmental Sociology	
Natural & Physical Science:	
BIO 111 – General Biology	5
BIO 201 – Anatomy & Physiology I	4
BIO 202 – Anatomy & Physiology II	4
Additional Required Courses:	
CHE 111 - General Chemistry I with Lab	5
CHE 112 - General Chemistry II with Lab	5
Total Credit Hours at Arapahoe Community College	29
Total Credit Hours for A.S. Degree with Sports Medicine Concentration	60

Guaranteed transfer course options: for a list of guaranteed transfer courses please visit